



Safeguarding Adults and Adult Exploitation



What is Adult Exploitation ?

Adult exploitation is abuse in which a person is manipulated, coerced, or forced to act for another's benefit or profit. It occurs when an abuser exploits a power imbalance to control, deceive or mistreat an adult for personal gain.

As frontline clinicians, General Practitioners are uniquely positioned to spot the subtle, often hidden signs of adult exploitation.

Training Session Overview

This 3-hour Level 3 Safeguarding Adults session focuses specifically on the rising complexities of Adult Exploitation, including cuckooing, county lines, modern slavery, and financial abuse. During the session, participants will engage in case studies and discussions designed to help professionals recognise the subtle signs of coercion and effectively protect vulnerable individuals from predatory networks.

The training aims to highlight the connections between these concepts, especially for individuals with care and support needs.

Facilitator and Booking Details

This session is facilitated by Paulette Nuttall, Safeguarding Adults Specialist and Trainer (RGN, PGCE, PGCM, MSc).

Session Information

- Date: Tuesday 1st December 2026
- Session Times: 09.45am to 12.15 (**Registration from 9.35am**)
- Venue: Virtual Platform Zoom

To Book a place, please contact ali@basd.org.uk

